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### 從客觀的立場理解宗教

史維仁

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#### 提要:

本文探討西洋宗教學術研究的核心問題之一。作者依個人二十多年研究 與教會的經驗,分析出宗教學術研究不僅是幫助別人理解宗教的有力工 具,也會很自然地對研究者產生影響。

第一,從西洋學術的角度研究宗教的人,因爲開始與傳統的立場有了距 離,就會失去原來的純真。

從客觀角度理解宗教所引起的第二種影響,乃是透過學術理解宗教觀 念,使得研究者承當起宗教相互溝通的使命。當一個人對解釋自己的信 仰或宗教,以及別人的宗教負責時,宗教與宗教之間的溝通即會形成。 開朗而誠懇的溝通,不僅會幫助我們理解別人的信仰,也將加深我們對 本身信仰的認識。

當一個人把一個他本身不信仰的宗教觀念,從客觀的角度解釋給一個有 這種觀念但不清楚的人,使得他進一步理解時,他會發現:他不僅對別 人的宗教用客觀的眼光來看待,而且因爲這種万法已經變成他思惟的習 慣,對自己的宗教也是一樣。 身為學者的作者認為「信仰」是生活在這個世界上的熊度,而不是有意 執持的一串教條。學者的生活也是一種「信仰」的生活,而宗教學者的 使命是崇高的。

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## Late Ming Vijñānamātra Schoolars and their Thought by The Venerable Sheng-yen

After the K' ai-yüan Period of the T'ang emperor Hsüan-tsung's reign (713-741 A. D.), thestudy of Vijñānamātra was on longer pursued in China. Besides Ch'ing-HangCh'eng-kuan's Commentary and Subcom mentary on the Hua-yen Sūtra and Yung-mingYenshou's Tsung-ching lu, no other works were written from which one could perceive agener al idea of the Vijñānamātra teachings during the following 800 years u p to the late MingDynasty. Yet in the last 100 odd years of the Ming Dy nasty, there were seventeen scholarswho produced 35 Vijñāmātra-rel ated treaties in 107 fascicles. Unable to consult theauthoritative exposi tions of their T'ang predecessors in their exploration of the Vijñānamā trasys tern, they depended on Ch'ing-Hang Ch'eng-kuan's and Yungming Yen-shou'sbooks. Only two of them, who represen ted the Cons ciousness-only branch of theVijñāmātra School, devoted themselves exclusively to the study of these teachings. The restoriginally belonge d to other school sand advoca ted Mind-only Vijñānamātra ideas. Amo ngthe remaining fifteen were scholars wi th such divers backgrounds as the T'ien-t'ai system ofteaching and insight meditation, the essence of the Śurangama Sūtra the principles of theAwakening of Faith,- and the Ch'an School type of meditative practice. The outstandingcharact eristic of late Ming Vijñānamātra thought was the stress placed on the fusion ofnature and appearance.

## A Reexamination of the Lineage of Ch'an Buddhism Given by Tsung-mi by Jan Yün-Hua

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During the later years of his life, Professor Hu Shih (1891-1962) continued his interest inthe study of Ch'an Buddhist histories. One of h is unfinished essays was an examination of the lineage of Ch'an Budd hism which was posthumously published in 1962. Hu suspects that Tsu ng-mi (780-841)

has intentionally falsified his lineage by claiming Shen-hui (684-758) as his spiritual ancestor. Hu contends that the Shen-hui actually was t heShen-hui (720-794)

of Ching-chung temple, which belonged to the Northern school of Ch'a n. Hu further contends that Tsung-mi has misidentified these two pers ons in order tofalsify and glorify the Ch'an lineage for his own personal advantage. During the lasttwenty-five years, Hu/s view gradually gain ground among recent research of Ch'an. Thispaper reexamines Hu's contention as well as his sources. The paper points out Hu'sdifficulty a nd disproves his contention. Based on Hu's own contradiction and ne w materialsthe study proves that there is no concrete evidence to prov e the accounts given byTsung-mi are unreliable as Hu has suspected.

#### The Bodhisattva Avalokitesvara

and Asian Buddhism by Pachow Throughout East Asia Avalokitesvara Bodhisattva has been one of th e most populardivinities in the Mahayana pantheon. He is known as K uan yin in Chinese, andKwannon-Sama in Japanese. We shall conce ntrate our discussion in the followingchapters.

<sup>1</sup> TheoriginofAvalokitesvaraBodhisattva

RegardingtheoriginofKuanyin,theSutraonthePropheyconcerningAvalokitesvar aBodhisattvaindicatesacombinationofmythicalandmysteriouselements.Itisstat edthathewasa

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spiritualcontemporaryofSakyamuniBuddhaandtherewascommunicationbetwe enthebodhisattvasofthePureLandandthepresidingBudd~aofIndia.Furtheritisin dicatedthathewouldeventuallysucceedAmitabhaBuddha.

AvalokitesvarainBuddhistphilosophy

TheMayopama-samadhi-Sutra,LotusSutra,andtheHeartSutraprovideadditiona linsightintothephilosophicalsignificancerelatedtoKuanyin.Thesetextsenunciate theMahayanicvirtuesofperfectwisdomandcompassion.Symbolicallythen,Kuan yinbecomestheembodimentoftheseideals..Inhisinfinitewisdomandcompassio nhetakesonauniversalstatustranscendingtemporalandculturalboundaries.

Thehistoricalsourcesandsacredsanctuaries

BasedonthetranslationsofSanskritworkssuchastheLotusSutraandtheSukhavat i-vvuha-Sutra,itisevidentthatfromthesecondtothefifthcenturiestheworshipofKu anyinbegantogainpopularity.LaterwhenFa-hsienandHsuan-tsangvisitedIndiaiti srecordedintheirwritingsthatmanyshrinesandsanctuarieswerededicatedtoKua nyin.Inaddition,duringthesixthcenturythefamousMountP'u-t'oshan(Potala)inCh inabecameafamousspotofpilgrimageassociatedwithKuanyin.Similarly,theoffici alresidenceoftheDalaiLamainLhasaisalsoknownasPotalainhishonor.

<sup>1</sup>Theinteractionofpsychologyandreligion

Generallyhumansarefacedwithnumerousstrugglesanduncertaintiessuchasnat ural,social,andbiologicaldangers.Duringsuchcrises,faithinthesavingpowerofKu anyincangiveonethenecessarystrengthandhope,thusmakingasuitablesolution possibleItisinthisinteractionoffaithandpositivethinkinhthatthe

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interplayofpsychologicalandreligiousconcernsisachieved.

<sup>5</sup>KuanyininAsianArt

InIndiathebodhisattvawasdepictedinmasculineformwhilefeminineimagesarea distinctlyChinesecreation.WiththedevelopmentofTantricBuddhismaroundthefif thcenturytheartisticpresentationabouthimbecamemoresophisticated.Eventuall ythereevolvedasystemofsevenKuanyins: 1.AryaKuanyin,

2. ElevenheadaedKuanyin, 3. Kuanyinwithathousandarms,

4.Kuanyinwithalasso,S.Kuanyinwithawishinggemandwheel,

6.ChundiKuanyin,and7.Horse-headedKuanyin.Thetraditionalhumanform,howe ver,isusuallypreferredbythemasses.

#### <sup>6</sup> KuanyinFolkReligion

TheformationofafolkreligioncenteringonKuanyinwasdependentontheestablish mentofBuddhistbeliefsandpractices.Therefore,Kuanyininfeminineformcannotb edatedearlierthanthefifthorsixthcentury.Anumberofinstancesofthefolkaspectof Kuanyinarediscussed.TheseincludeKuanyinwithafishbasket,TarainTibet,andK uanyin'srevelationtoChujoHime.

#### Conclusion

Our examination of the mythical, his torical, religious, philosophical, ps ychological and artisticaspects of Kuan yin has indicated that he was a symbol of compassion and wisdom. Throughout the centuries he has captivated the minds of the masses, a trend which webelieve will cont inue in the future.

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## The Background and Sources of Seng-chao's Thought by Liu Kuei-chieh

Seng-chao (384-414 A. D.), whose layman surname was Chang, was a native of Ching-chao, present-day Hsi-an, Shanhsi province. Being a disciple of Kumārajīva, hebecame an important Buddhist theoretician in the late Eastern Chin Dynasty. He devotedhimself in his youth to th e" Dark Learning" of Lao- tzu and Chuang-tzu, but turnedafterwards t o Buddhism and won high acclaim for his mastery of prajñāpāramitā t hought. Inhis works, such as the Chao-Iun and the Commenta ry on th e V imalakīrtinīrdeša Sūtra, hedeveloped the essence of this teachingthe emptiness of nature. Seng-chao's elegant style penetratingly captured the essential Qualiti es of both Confucianand Taoist thought, and provided an appropriate tool for the conveying of theBuddhadharma's subtle meaning. On this he built the structure of his own theories, there bygaining fame and ex erting a great influence upon the development of the San-Iun,Hua-yen , and Ch'an Schools. The present paper's prupose is twofold. Firstly, i n order tounderstand the background of Seng-chao's thought, it treats the main streams of thought inthe Wei-Chin Period, i. e. the deve lop ment of the "Dark Learning" and the spread ofBuddhism, and, second ly, it attempts to trace the sources of his thought as far as the limitedm aterial allows.

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### The Characteristic of Indian Mahāyāna Buddhism by NG Yu-Kwan

This is a study of the characteristic of Mahāyāna Buddhism developed in India. Afterexamining the studies of mod scholars and what can be found concerning this issue in thesutras and śāstras, the author concl udes that this characteristic is nothing but a posi tive attitude towards t he world, viz ; not to forsake the world. This a ttitude can be seen thro ughoutmany Mahāyāna sūtras and śāstras, particularly the former, wh ere important concepts, suchas Emptiness. buddha-kāya, etc., are pre ached.

## The Platform Scripture of the Sixth Patriarch and Ch'an Painting by Wu Yung-meng

The true picture of human life is one of innocence, sprightliness, freed om, and naturalness.However, the more man's views increase in num ber, the meaner his heart becomes, andconsequently his original stat e of being is lost. Therefore, the Sixth Patriarch said: "TheBuddhadharma is in the world; awakening cannot be separa ted f rom the world." He urgedus to awaken, to gain clarity regarding our mi

nds, to behold our nature, and to realizedirectly the original state of hu man existence.

The ten-chapter Plat form Scripture which records how the Great Mas ter Hui-neng spreadthe Dharma, was compiled by the Patriach's disciples. It is not only a pivotal text for the Ch'an School, b ut also one of the mostrefined products of Chinese culture. I<u>t</u> promote s a type of Buddhism which is active in theworld by expounding how t ru th lies in the commonplace and how one attains Buddhahoodby be holding one's nature.

After the T'ang Dynasty, Ch'an practicioners and literati spread the tho ught of the PlatformScripture, and in many cases chose its most popul ar stories as themes for their paintings. This genre is general called" Si xth Patriarch Ch'an Painting". Its aim is to providespontaneous guidan ce according to the demands of each unique situation.

## The Secularization Policy of the Buddhist Monastic Order in China ..... A Historical Survey By Tso Sze-bong

In accordance with the Vinaya, the Buddhist Monastic Order in India a dopted a policy of exclusion that barred lay people from living inside or loitering around the monasteries and nunneries and making use of the ir f acilit ies, except f or those who provided services to theclerics in th e establishments. Female visi tors were not welcome at the monasteri es, andvice versa.

Besides, Buddhist institutes were to be decorated in simplicity.

In China, on the other hand, the Monastic Order adopted a policy of s ecularization. Thispolicy is reflected in the following phenomena as re corded in both the Buddhist and secularhistories:

(1)The Chinese Buddhist, clerics or laymen, decorated their religiouse stablishments ostentatiously.

(2) The Monastic Order opened their monasteries and nunneries to the society as a place of amusement, provides musical, dancing and acro baticperf ormances in order to en ter tain the lai ty, and allowed them

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to hold drinking part ies in the. monastic gardens,

(3) the authori ties of the monasteries accepted poor intellectuals as te nants and sometimes even provided them with free meals, no ma tter whether these intellectuals were Buddhist converts or not, (4) The authorities of monasteries allowed lay females to come in and saunter about,. or vice versa,

(5) the authorities of Buddhis t es tablishment s allowed lay people to t ake ba th wi th ho t wa ter supplied in the clerics I bathing hall,

(6) The authori ties of the establishments allowed the laity to holdfuner al in their institutes and even to bury the dead in the monastic ground.

All of the above-mentioned phenomena are infact breaches of the Bu ddhist Vinaya,therefore, Disciplinarian Tao-hsüan (道 宜), the nineth patriarch of the DisciplinarySchool, condemned thes

e practices very strongly.

Why did the Chinese Monastic Order strayed from the Vinaya to ingra tiate themselves with the secular society? As my research reveals, the Order adopted such a policy for the following reasons: Firstly, the Mên g-tzǔ (孟子)

or I Work of Mancius', one of the Confuciancannons read by everybod y, highly extols King Wên(文王)of the Chou(周)

Dynasty,who, recognizing that his royal park was built with the cash a nd labour of his subj ects,decided to share it with them. Influenced by t

hi s story, the Chinese laymen would arguethat without their donation s no Buddhis t establishment would have been established, Theywoul d also think that they should have the same right to the monasteries a nd nunneries asthe Chou people had to the royal park, As King Wên al lowed his 'people to hunt and f ish inhis park, the Chinese laymen wou ld think that there was nothing wrong in their using of themonastic facil ities (such as the ba thing hall)

occasionally, Secondly, as the poorintellectuals might one day becom e high- ranking officials once they passed the publicExamination, the monks extended to them their hospitality

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in anticipation of receiving their patronage in future. Besides, keeping an intellectual in aBuddhist enviroment would be a good way of courti ng a man to lean to Buddhism. Thi rdly ,according to historical records , lay females trusted monks more then the nuns, andpreferred to com e to the monasteries in order to pour out their miseries to the male cler icsand to hear comforting words from them. As the financial resources of Buddhistestablishment mainly depended on donations f rom the se cular world and females were themain donors, momks found it diff icul t to re ject their lady visitors. Fourthly, as the Chinesetradi tionally too k funerals very seriously, the Buddhist laymen would desire to perfor m therituals in the monasteries or even to bury the dead in the monast ic ground in hopes ofseeking more blessing from the Buddha. Financi al considerations also restrain the clericsfrom rejecting such demands from their lay donors. Under the presure of the secular society,the Chi nese Monastic Order adopted a secularization policy reluctantly.

Except for allowing lay people to come to bathe, the order phenomena still survive in themonastic circles to the present days.

# The Explanation of "The Twenty-fold MahāyānaSan gha"

## in Tsong-kha-pa's mNgon-par rtogs-pa'i rgyan legs-bshad gser-gyi phreng-ba by Ch'en Yü-chiao

My translation of the "General Exposi tion of the. Triple Jewel", which the 'Grel-ba don-gsaland the gSer-gyi phreng-ba give, was published i n the last volume of the Hwa KangBuddhist Journal (No.8.

 $1985.\,)\,$  . The present paper presents the translation of the followingse

ction, namely the detailed exposition of "The Twenty-fold Mahāyāna S angha". Both the explanation found

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in the 'Grel-ba don-gsal and a selection of important relevant passage s fromTsong-kha-pa's subcommentary gSer-gy~hreng-ba are herein r endered into Chinese. ThePrajñāpāramitā Sūtra quoted in it is compar ed with Kumārajīva's translation Ta-p'in pan-juoching. Hsüan-tsang's r endering Ta pan-juo ching

(Second Congregation), the Tibetantranslation of the Pañcavimsati sāhasrikāprajñāpāramitā, and both the Tibetan and Englishversions of the recast Pañcavimsatisāhasrikāprajñāpāramitā which was incorpar ated intothe Abhisamayālamkāra, which are bsTan-gyur No.

5188 and Edward Conze's The LargeSutra on Perfect Wisdom.

It was discovered that, firstly, the sequence of "The Twentyfold Mahāy āna Sangha" in theAbhisamayālamkāra differs from that in the Chines e versions and the TibetanPañcavimsatisāhasrikāprajnāpāramitā whic h moreover lack seven paragraphs of relevanttext. Secondly, the Tibe tan and English versions of the recastPañcavimsatisāhasrikāprajnāpā ramitā correspond perfectly with the Abhisamayālamkāra. Thirdly, the Prajňāpāramitā Sūtra, which the gSer-gyi phreng-ba guotes, is the rev isedversion of the Pañcavimsatisāhasrikāprajňāpāramitā, not the origi nal one. A discussion ofproblems like the reason for the above-mentio ned discrepancies between the differentprajňāpāramitā Sūtra version s or the relationship between the decline of prajňāpāramitāstudies in China and the late (Republican era)

translation of the Abhisamayālamkārā, concludes the paper.

## A Study on Substance and Function in the Ch'an Sc hool

#### by Tu Sung-po

The existence and identity of both substance and function are

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agreed upon by religious thinkers and philosophers alike. Among the m Ch'an masters areunrivalled in terms of giving rise to function from substance and talking about substance andfunction only after sudden awakening, i.e. the illumination of one's own mind and view ofone's na ture. In modern times, however, some people criticized the Ch'an Sch ool as lackingthe concepts of substance and function, while others dre w the conclusion that it does notdifferentiate between these concepts. The present paper intends to correct these extremeviews and misund erstandings.

Firstly, the characteristics of the Ch'an School in comparison with the t eaching schools aredemonstrated by virtue of the school's formation a nd cultivation methods.

Secondly, a comprehensive synthesis of the pertinent remarks made by enlightened Ch'anmasters reveals the essential substance and fun ction concept of the Ch'an Schoo : (1) "Mind," "nature,"

"one thing," and other expressions skilfully used by Ch'an Masters are alldifferent terms denoting the same" substance".

(2) There is no right and wrong, good andevil, sorrow and joy in this su bstance which is pure by itself.

(3) It transcends all measurements and verbal formation, leaves no tra ces, can neither be know through knowledge nor pursued by reason.

(4) Substance is formless and immaterial. Neither does itarise nor peri sh, neither come nor go. It is to be found everywhere in the universe a nd, based on it, function arises continously.

(5) Subs tance is neither empty nor existing, yetboth empty as well as existing. Manifesting itself in accordance wi th objects, it can be great or small. It is the master of everything. Thus the relationship between substance andfunction is one of identity.

(6) The function of substance is incesant. It encompasses

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all activities yet cannot be limi ted within their scope, Not in its entirety active and not restingin inactivity, it can do 'everything.

(7) Irī relation to man, it is no t diminished in a bewilderedworldling and not increased in a holy man, Neither interrupted nor uninterrupted, nei therturbulent nor calm, it can nowhere be applied intentionally.

The subtlety and transcendence of this substance and function conce pt excels all otherphilosophies, This is proven inn the following section in which its characteristics arediscussed, When philosophers discour se of substance and function, they develop theirideas based on feelin g or reasoning wherefore their theories differ completely, Theneo-Con fucianists of the Sung. Dynasty are a good illustration of this fact. The y tried to findout by logical deduction what cannot be found in this way . On the other hand, Chan mastersrealize subs tance and function thr ough sudden enlightenment which perceives directly, The expressions they used may differ but their actual meaning is identical. Moreover, t heirsudden enlightenment has to be certified by a master which exclu des the possibility ofmistaken "awakening", Thus no other philosophy can compete wi th the subtle andtranscending Ch'an School concept of subs tance which is founded on suddenenlightenment.

## The Thought of the Indian "Six Teachers" : An Attempt at Analysis by Li Chih-fu

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The "Six Teachers" of ancient India whom Buddhis t texts refer to as " tīrthikas" did notthemselves hand down any scriptures, What-we know of their teachings comes fromdistorting fragments in the works of thei r opponents in which their theories are subjected tocri ticism, As to the relevant Buddhist text materials, they differ in content and are aftenco ntradictory, Later scholars would confine themselves to the statement s of a , single sut raand cri ticize the theories of the "Six Teachers", Ye t this amounted only to corrupting evenfurther already twisted informat ion, It is therefore necessary to compare and analyze thepertinent mat erials in order to reconstruct the original thought of the "Six Teachers" , Wemight say that the "Six Teachers" are closely related to the non-V edic Indian culture of theBhagavadgīta and Sāmkhya, and are distant relations or forerunners of the anti-VedicCarvakas, Jainas, and Buddh ists, Their influence on Buddhism in the posi tive as well asthe negativ e sense is highly evident.

## The Characteristics of Ch'an Master Ta-hui Tsung-kao's Meditation Method by Teng K'e-ming

Ta-hui Tsung-kao was the first Chinese Ch/an master who emphatical ly advocated the useof "ts'an hua-t'ou", Criticizing the Ch'an methods of the late Northern and early SouthernSung Dynasties, he said: "Both members of the Sangha and lay people who nowadaysdevote t hemselves to religious, practice, are committing two great errors: firstl y, they tend tostudy those sayings of others which they regard as som ething extraordinary; secondly,unable to forget the finger and simply I ook at the moon, they cannot attain awakeningthrough the sayings of others, "

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There was a kind of "perverse silent illumination Ch'an " where people were only told to sitcalmly without striving for a subtle awakening. Tahui claimed that its proponents were,

"according to the scriptures, slanderers of great prajñā. These people cut down the livingwisdom of the Buddhas. They still could not atone f or their misdeeds, even if a thousandEnlightened Ones would appear in the world."

Ta-hui did not agree with those who studied the many sayings of other s or practiced silentillumination Ch'an, and criticized them on every oc casion. Ts'an hua-t'ou was, in his opinion,the best way to practice Ch' an.

"A thousand, nay, a ten thousand doubts are only onedoubt. If this on

e doubt is broken by the hua-t'ou, all doubts are broken at the same ti me. If the huat'ou cannot break it, you have to go on with it to the very end. In the event that one discards the hua-t'ou and instead allows dou bts to arise based on other's sayings, scriptures, the kungan's of old or everyday vexations, one becomes a member of Mara'sretinue.

"Ta-hui instructed his students to practice with the "wu"

(does not have)

hua-t'ou of "thedog from Chao-chou does not have the Buddha-nature ."

"Only this one word is the knifewith which one's path through samsāra can be severed. When confused thoughts arise, justpay attention to t he word:

'wu' . Focus on it in every situation, and all of a sudden one willfind tha t all distorted input has ceased. This is the moment to return home an d situnperturbed."Designed to prevent people from getting lost in the s tagnation of silentillumination or the vast bulk of Ch'an School Scriptur es, the practice of the "wu" hua-t'ou hasopened up a new vis ta and h as provided people wi th an e ff ec tive method which leads toawakeni ng. I f one is unable to use thi s hua-t'ou, one can easily proceed into t he wrongdirection although one invests enormous energy. Ta-hui was convinced that it was

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the aspect of saving energy which made his prac tice so powerful, and it was the moment ofgaining momentum in which one's efforts were n ot wasted.

Later hua-t'ous like "The ten thousand things return to one, where doe s the one return to ? "or "Who is mindful of the Buddha?

" derived from Ta-hui's Ch'an method which exertedtremendous influe nce on the post-Sung Ch'an School development in China.

# Study on the Representation of the Nirvana Scene by Ch'en Ch'ing-hsiang

In Buddhist art, the depiction of the Master's parinirvāņa is an importa nt theme. It waspopular for a long time and can be found in all Therav āda and Mahāyāna countries of Asia.We could well say that in most pl aces where Buddhists lived pictorial representations of thenirvāņa sce ne were created. The present paper first quotes in general terms the canonical scriptur es upon which theseworks of art are based, pri marily the Mahāyāna a nd Hinayāna versions of theMahāparinirvāņa Sūtra. Then it adduces what other texts record concerning the eventsbefore and after the nirv āņa.

Examples of nirvāņa depictions are introduced beginning with Section Four. The surveystarts from the Indian styles of Gandhāra, Mathūra, and Gupta, and proceeds along the SilkRoad to Central Asia, Tun-hua ng, and then China proper. A selection of historical si tes withnirvāṇa r epresentations is given including the rock carvings at Mt. K'ung-wang, Lien-yünkang, which were dated to the Eastern Han Dynasty after the ir discovery four years ago, orthe huge stone sculpture of the reclining Buddha discovered two years ago in An-yüeh,Szechuan Province. Si nce they provide valuable data on the route along whichBuddhism

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spread eastward and the styles of nirvāņa representations, they have a ttracted attentionfrom scholars all over the world. Generally spea•ing, representations of nirvāņa are comprised of two parts: the recliningBuddha and his mourning disciples. Although the B uddha's posture usually corresponds to the canonical description, som e divergencies can stili be found that bear witness to certainlocal and historical conditions. Nevertheless the execution of the disciples is mo re artistically exuberant. Not only do the different expressions of mourn ing

(due to the individualdevelopment of bodhisattvas, arhats, gods, me n, etc.)

reveal the highest of artistic skill, butthe various costumes of kings, pri nces, noblemen, and commoners gathered to mourn theBuddha's pas sing away also provide us with clues to the customs of different period s andregions. Thus they are a valuable source of informa tion on soci al history.

# Understanding Religion from the Outside by Charles W. Swain

The present paper discusses one of the central problems of the weste rn academic study ofreligion. Relating his experiences of research in and teaching of religious studies for morethan two decades, the autho r analyzes how the academic study of religion is not only apowerful to ol for understanding, but possesses a "recoil" mechanism which can a ffect itsuser.

The first thing that happens to one who adopts the western academic perspective is loss of innocence because one begins to distance ones elf from the naivete of any traditonal perspective.

The second aspect of the transforming effect of trying to

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understand religion" from the outside" is based on the academic idea of understandingwhich accepts the responsibility to com-municate to others the meaning of what oneunderstands. By taking the responsibil ity for both elucidating one's beliefs or tradition tooutsiders and interpr eting other tradi tions, interreligious dialouge is possible. Open andho nest dialogue can change not only one's understanding of someone el se's religon, butalso that of one's own faith. The third stage in the process of transformation, which can be effect o f studying religion, arises ou t of the realization that one's interpretation , from the outside, of a point of viewwhich one does not share, may he lp someone who shares that viewpoint to understand itbetter. At this p oint one discovers that one does not only look at the beliefs and religi oustraditions of others from the distance of phenomenological "suspe nse of judgement", bu t, having internalized this methodology, one eve n views one's own beliefs and tradition" from the outside."

As a scholar, the author understands "faith" as a mode of being in the world, and not a set ofbeliefs consciously held. The scholar's life, in hi s opinion, is a life of faith, and the vocation of a scholar in the field of re ligion is a high one.

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### UNDERSTANDING RELIGION FROM THE OUTSI DE

by Charles W. Swain

In the more than twenty years since the publication of Wilfred Cantwel I Smith'sground-breaking The Meaning and End of Religion, it has bec ome a cliche to say that thewestern concept of "religion" is recent and parochial. Smith demonstrates convincingly thatour common notion o f religion is formed from three elements:

(1) the idea, compounded inthe crucible of post-Re-formation Europe, that something called "religion" can be separatedfrom a given social c omplex, and examined as one might examine that society's language or marriage customs; (2) the idea, borne on the strong currents of anti -rationalism in the 17thand 18th centuries, that religion is an affair of th e heart, a matter of faith or belief, and thus anaspect of individual pers onhood; and (3) the 19th century idea of historical development orevol ution. Smith also argues, again convincingly, in my judgment, tha t the rise of thewestern academic study of religion was heavily dependent upon this concept.

Because of the spread of western influence, there are people in virtual ly all modern,non-western cultures who understand what is meant by t he western concept of "religion"But so far as I can determine, the wes tern academic study of religion is li ttle known in the universities of Asi a; and, when this approach to religion is transposed into a non-wester nframe of reference, some of its inherent problems are highlighted. Ha ving recently spent asemester teaching in a Chinese university, I have had occasion to refleet once more on oneof the central problems of m y own academic discipline.

In the first place, the majority of my students were Buddhist

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nuns who were studying their own t radi tion

(along with its Indian antecedents.)

Theirmotive was clearly and quite consciously to broaden and deepen their acquaintance withtheir own tradition. They were somewhat take n aback to discover that their teacher was nota "believing" and / or practicing Buddhist. They were too poli te to ask it, but the ques tion hung in the air: Given the investment of time and energy demanded

(many of thesestudents were learning Sanskri t, Pali, Tibetan, and J apanese in the course of their worktoward the M. A. degree !), why would I want to study in depth a religious tradition towhich I was not p ersonally commit ted? As I labored to increase my reading knowledg e ofChinese, it was hard to dismiss this question as pointless.

Secondly, when my students became aware that I was not a fellow Bu ddhist, howeverdeeply I have been influenced by the i r tradi tion, they were unders tandably curious aboutmy personal religious commitme nts, But the question -- "What is your religion? "

-- comingfrom this group of students was somehow different and more disturbing, This was the firsttime in my career that I found myself so e xplicitly teaching members of a religious communityother than my own about their own tradition, Being so inescapably an "ou tsider" forcedu pon me the realization that the academic study of religion, as practice d inwestern (secular) universities, is not only a powerful tool

(one might even sayweapon)

for unders tanding, but that this weapon possesses a curious recoil m echanismwhich can affect its user. Not all scholars experience these effects; they are a possible, andnot a necessary outcome of academic study. Some western scholars approach re ligion inmuch the same w ay that these Buddhists did, spending their time and energy on a singl etradition, or even a single, limited aspect of one tradition. Never thele ss, trying to answerhonestly my students' questions abou t my own rel igion commi t ments, and why I practicemy chosen profession in the w ay I do, proved for me both a stimulating and soberingexercise.

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I have spent my entire adult life engaged in trying to understand religi on as a dimension ofhuman culture. I began from a perspective very s imilar to that of my Chinese students

(and,I suspect, most of my students in general). that is, the perspec tive of a naive believer withina single tradition: in my case, that of orth odox, evangelical, Protestant Christianity. Myorigioal intention was to broaden and deepen my understanding of my own tradition. So faras I am-able to recover the self-unders tanding of the person who began t his intellectualand spi ri tual journey, more then twenty-five years ago, it seems to me that had I knownfrom the beginning what would happe n, the transfor ming effects might well have alarmedme, and perhaps even persuaded me not to set out. I remember vividly a moment, toward the end of my semester in China , when one of mystudents, a Buddhist nun, grasped something of wha t I was trying to communicate aboutthe value of studying religion as I do,

"I think I understand what you are saying," she said, struggling with the English language as well as her thoughts,

"and I agree with you. But, if ladopt this app roach, what will happen to me?

" She sat before me, a young, slight Chinesewoman, wearing her blac k robe, her head shaved. She had renounced all ties to family, thesym bolic center of her own culture, in her commitment to the Buddhist trad ition, withinwhose community she was now nurtured and sustained. T he feeling that swept over me inthat moment was close to awe; I think it was the most moving experience of my career as ateacher.

What does happen to someone who tries to understand religion from a western, academicperspective ?

It may be that we, who represent this perspective, have not asked this question with sufficient seriousness. The value of what we do seems

undeniable; we do not think much about the costs, or the balance betw een the value and the costs.

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Simply put, the first thing that happens to one who adopts the western academicperspective on religion is loss of innocence. Religion, as a di mension of human culture, presents the student with a vast body of dat a, phenomena that range over the whole oflu1man history and every k nown human society. Acquaintance with the body of knowledgewhich has been gathered in the more than two hundred years of academic r eligion studymust have a cumulative, relativising effect on the student. It is possible to compartmentalize at least initially, your own beliefs an d, perhaps ,even your own tradition. But eventually thepatterns, obvio us and startling, which inform the data, lead you to think of your own tr aditionas one among others. Your acquaintance with the phenomena of religion forces you to say"my faith" rather than" the faith," even if yo u still think of yourself as a Christian, or Buddhist, believe r. You may c ontinue to believe tha t your own tradition is somehow "better" thanoth

er traditions, but you have neverthe less begun to distance yourself fr om the naivete ofany traditional perspective.

From the beginning you will make some attempt to understand and int erpret thesephenomena; this attempt will almost certainly be from with in your own religious frame of reference. You approach Buddhism as a Christian, for example, and quite selfconsciously from Christian presu ppositions. Because such beginning interpretations take thephenome na being studied seriously, they are not to be despised. But usually th ey are notsatisfying to the interpreter for very long, because they disre gard as persons the personswhom one is trying to understand; it is as if you were translating a poem from, say, Chineseto English, and were committed to ignoring the protests of the Chinese poet that you had g otit all wrong. I suspect that it is most often, as in my own case, actual contact with livinghuman beings, who embody the tradition which one is trying to understand, that evokes this second aspect of the transfor ming effect of trying to understand

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religion "from the outside."

Maybe the best way to grasp this is to ask yourself: What does it mea n to understandsomething ?

Obviously understanding means more than "being acquainted with," f or we allare acquainted with many things -- things which we might be able even to describe tosomeone else -- that we don't understand. Wh en you firs t say to yourself "I under stand"you are, I think, summing u p an inner conversation in which you have been able to explainwhat y ou have experienced to your own satisfaction.

"Explain" here means a re-descriptionwhich expresses the meaning y ou have derived from your experience. When youunderstand somethi ng, it has meaning for you; when you don't, it is "just an experien œ."

It is at this point that academic study departs from our common-sense idea ofunderstanding. What constitutes academe as a community (if it is a community at all, which is open to question)

is that it renounces purely private acts of understanding. In theacade my, we take public responsibility for what and how we think. Thus, in t he academy, tounderstand something means to accept the responsibi lity for communicating to someoneelse what it means. Further, ideally such communication cannot presuppose a privilegedaudience, exclud ing those who do not share your own presuppositions. It is this lattersti pulation which can have a profound impact on the student of religion.

The usual first response to this wider context of understanding can be calledconfessionalism. Here I accept responsibility for communicating the meaning of my beliefsor my tradition to outsiders, making every ef fort to find some "point of contact" within theirframe of reference. By e xtension, I may take responsibility for my interpretation of anothertradi tion as my understanding, or "a Christian," understanding of the outsi ders' tradition. Thisis often termed interreligious dialogue.

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Each participant enters the dialogue with full integrity; there is no expli cit goal of convertingany or all of the participants to a single point of vi ew. The explicit goal is increasing mutualunders tanding and accepta nce of the differing viewpoints represented. So, for example, recent Bu ddhist

Christian dialogue has most often consisted of Buddhists and Christia nseach presenting their own view of a particular aspect of human exis tence, in the search forpoints of contact between the two traditions, as well as Buddhists presenting theirunderstanding of the Christian worl dview, and vice versa.

You can see that such dialogue does not demand any overt movemen t away fromtraditional perspectives by the participants. But there is a s ubtle impulse toward movement induced by the "corrective" offered to a Christian understanding of the Buddhis t tradition by a Buddhist parti cipant in the dialogue, or vice versa. Joachim Wach once remarked th at the problem with misunderstandinss is that it is a way of understandi ng something. I have foundin my classes that a very effective motive t o induce students to take more seriously their responsibility to interpret someone else's religion carefully and fairly is the presence of someon e who represents that religious perspective. On occasion, I have writte n the word"slander" as a marginal comment to some student's insensi tive exposition of someone else'sreligious position; this almost always provokes a response of some kind. To become awarethat you have m isunderstood something is to accept a responsibility to change your p oint ofview.

The process of dialogue, then, will of ten induce shifts in perspective, subtle, evenunnoticed, but cumulative in effect over time. As an hones t participant, you will sometimesdiscover, upon being challenged, that you have in fact changed, and no longer believesomething that you be lieved when the dialogue began It may be that your understanding ofs omeone else's religion has changed; but you may also discover that y our understanding ofyour own

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faith has changed. Notice that changed, but your understanding point I ater.

I began to study Latin in the 9th grade; it was, believe it or not, a requir ement for entranceinto the state university which I attended. I enjoyed studying Latin, and in fact kept at it forfive more years. But the most pr ofound effect which the study of Latin had on me, I think, was what I le arned about the English language from studying Latin -- far more than I everlearned in any English class. What I understand about the stuct ure of the English language, its grammar and syntax, beyond the intuiti ons which derive from being a native speaker, llearned almost entirely , I am convinced, while I was studying Latin.

A language is a means of expression which most of us take for grante d. You did not chooseyour mother tongue. No matter how many langu ages you learn, you cannot change the factthat your native language i s, say, English, even if you should decide that another languageis a b etter vehicle for self-expression. However, once you understand anoth er languagewell enough to express yourself within its structures and li mits, you can neVer view yournative language with the same naivete.

Languages are cumula tive traditions very like those we have learned to call" religions:' Theawareness that studying someone else's religion seriously can affect your understanding ofyour own faith is the secon d stage of the transforming process of academic study.

Before we discuss the third stage of this process, some further backgr ound may be helpful.Friedrich Schleiermacher, in an essay on herme neutics which became the basis for hissuggested ref orms of the theol ogical curriculum, boldly asserted that the task of the interpreter was t o understand a text wie wohl und dann besser als, "as well as and even better than," the author. Shades of the new critici sm ! But Schleiermacher was thinking in

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the context of a history of interpreting texts, especially biblical texts, a nd his ideapresupposes the self-understanding of a single religious co nnnunity. His assertion has hada profound influence on western interp reters of religion since his time, stretching fromWilhelm Dil they and Er nst Troeltsch, through Rudolph 0 tto to Joachim Wach, andeventually t o the phenomenological movement which has had such a great influe nce on theacademic study of religion.

The phenomenological movement, bo th in philosophy and academic religion study, heldout the possibility that the sensitive interpreter mig ht be able to communicate the meaning of given phenomenon to any and all observers. To do this, the phenomenologists argued, itwas ne cessary to "bracket" one's own ontological intui tions concerning a giv enphenomenon; by phenomenological reductior., a structural descripti on of the phenomenoncould be given in which the meaning would be r etained wi thout presuppositions about whatlay behind the phenomen on, what it "really was." This methodology has informed the workof so me of the most influential recent interpreters of religion, among them v an der Leeuwand Eliade. In general, critics of the phenomenological movement have not been convincedof the possibili ty of "presuppositi onless interpretation;" but the tantalizing ideal has persisted, and espe cially in the field of religion.

At about this same time, first in Europe and then in England another p owerful current inphilosophy was flowing, first in the various forms of s o-called "logical positivism," and then inthe work of "ordinary languag e" philosophers, preeminently Ludwig Wi ttgens tein. Like thephenom enologists, Wittgens tein insis ted that the task of philosophy was not t o legislate, oreven advocate, an ontology, but to "clarify" the presuppo si tions which lay behind ordinarydiscourse, and to rid it of apparent c onundrums arising out of misunderstanding of the usesof language. Wittgenstein coined the pnrase "philosophy as therapy," which was pi cked upby

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his disciplesasa watchword for their idea of what a philosopher shoul d be about .

These two currents, the phenomenological and the analytical, flowed side-by-side in theacademic study of religion during the period when I received my professional training. Bothof them, albei t in different way s, held out the possibility of understanding humanphenomena in -a wa y which could, in principle, be communica ted to any human being,reg ardless of their presuppositions or point of view. This possibility beca me my ideal as ascholar, as it did for many of my peers who were trai ned in that period.

To return to the argument of the essay: the thi rd stage in the process of transformation, which can be an effect of studyirg religion, arises out of the realization that your interpretation, from the outside, of a point o f view which you do not share, may indeed help someonewho shares t hat viewpoint to understand it, and themselves, better. Here you face t heFaustian bargain: are you willing to "suspend judgment," to submer ge, insofar as you can, your own self-understanding in the task of inter pretation ? To put it bluntly and polemically,would you consent to los ing your ow n soul in order to save someone else's ?

I am morethan half serious in this way of posing the question. Remem ber the poignant question of theBuddhist nun - -

"If I accept your point of view, what happens to me?" She saw the aby ssopening beneath her feet.

Phenomenological epoche,

"suspense of judgment," is indeed a powerful weapon in thestruggle f or understanding. Interpreting to someone else the meaning of a pers pective you, as interpreter, do not share, is satisfying to a degree very hard to explain to one who has notshared the experience. It is at this p oint, however, that the interpreter experiences the "recoil" of academic religion study. You discover that you are not only looking at the belief sand religious traditions of others from the distance of epoche,

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the phenomenological" suspense of judgment;" you have internalized this methodology, andyou become a ware -- this can be very unsettlin g -

- that you now view even your ownbeliefs and tradition" from the outsi de," as it were.

This is why the question -- What is your religion?

-- comes with new and disturbingovertones, especially when it comes from someone outside your own tradition, who viewsyou as a represe nta tive of it. You are committed to approaching religion with absolut eseriousness; yet you can no longer give any simple answer to appar ently simple and directquestions about your own religious beliefs.

If someone asks me:

"Do you believe in God?" the most authentic and honest response Ica n make is another question,

"Why do you ask?," or "What do you mean, 'God' ?

" Let mehasten to add that this does NOT mean that I have no religiou s beliefs, or that I have" lostmy faith." Rather, I have learned that religi ous faith, my own as well as that of others, hasdepths of which we are not consciously aware, and that its meaning can be communicatedwit hin more than one religious frame of reference. My response to such questions, however: is only partly a function of m y desire tounderstand the frame of reference within which the questio n is being asked, so that myresponse will be truly communicative. The re is also an element of condescension in such aresponse, because I am thinking (although I do not say it):

"I could say either 'yes' or 'no'and mean it, but I doubt very much that any answer I give would have the same meaningfor both of us." That i s, I am tempted to think that in fact I do understand what you, thequest ioner, mean" as well as and even better than" you do. I use the term" t empta tion"advisedly, because, as a scholar, I must not understand th e critical distance whichseparates me from the phenomenon I am tryin g to understand as placing me in a superiorperspective. Instead I mus t struggle to keep myself "in submission," as it were, to the

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phenomena themselves. The irritation, even anger, which my student s feel (andsometimes express)

when I "dodge" their questions, arises, I think, because they dimlysen se the scholar's condescension. I repent, but my uneasiness about an swering suchquestions does not go away. Imagine that you can understand and speak some language other tha n your mother tongue-- say Chinese. A Chinese person asks you: wha t color is that flower ? Would you answer, in Chinese,

"hong"? Can you be confident of what the Chinese color-reference me ans, orwhat the questioner would understand if you used it ? Is it bette r to answer with the Englishword,

"red," even if the Chinese questioner can't understand you?

Suppose you wouldanswer the question with the English word "purple ," and you don't know the Chinese wordfor "purple." The analogy is no t exact, but it captures something of my feeling whensomeone asks m e "Are you a Chris tian ? " or "Do you believe in God ?

" or even "Do youthink ghosts are real ?

" At the same time, I most empha tically do NOT think that questionsfr om my students about my own beliefs and convictions are irrelevant t o the academic studyof religion. How shall I respond ?

Even more disturbing: can I answer my own deepest religious question ns to my ownsatisfaction ?

The answer is no, I cannot. Indeed, it often seems to me that the ques t for anyultimate meaning or reality is a fool's errand: peeling an onion, layer after layer, only to riskdiscovering that there is, at the center, lite rally "nothing." I become more and moreconvinced that the scholar ca n have no univocal symbols by which to communicate wi ththe believe r, even when the dialog'ue between "scholar" and "believer" goes on within thesoul of a single person.

As a scholar, I understand "faith" as a mode of being in the world, and not a set of beliefsconsciously held. This is true of my own faith as we II as the faith of those I am trying tounderstand and interpret., My own religious life has become largely

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a process of "waiting without idols," to borrow Gabriel Vahanian's pre gnant phrase.Although I am comfortable participating in the common li fe of more than one religiouscommunity, none of the religious symbols which I have learned to interpre t fully expresses the deepest dimensi ons of my own human being, and the wor Id within which I find myself.I n this sense, I have left behind the comfort of believing for the ongoing task ofunderstanding - - my own faith as well as the faith of others. "I believe' in order tounderstand," wrote St. Augustine; for me, the aph orism must read,

"If I do not suspendbelief, I will never understand." This is what it mea ns, I think to be a scholar and teacher inmy field.

What happens to someone who tries to understand religion from the o utside ?

I have tried togive you some reasons for taking this question more seri ously than it is sometimes taken inwestern, secular universities. Let m e conclude on a positive note, for I do not intend thesereflections to be discouraging. The scholar's life, as I understand it, is a life of faith, an d the vocation of a scholar in the field of religion is a high one: to open yourself, in so far as youcan, to the meaning of the widest possible ra nge of religious phenomena, even at the risk ofyour own deepest conv ictions; to place yourself in the service others, helping them tobecome acquainted with, understand, appreciate, and appropriate the power, embodied inreligious symbols and traditions, to create and sustain trul y and fully human lives; to tend theflame of our common humanity, as it shines across the boundaries of time, place, and culture. When I hav e been responsible, in whatever small way, to this high calling, I havef ound nothing in life more satisfying.